# **Institutional Distinctiveness**

## Women Empowerment

Empowerment of Women through education is the vision of parent institution Malleswaram Ladies Association. We at AHL have provided opportunities for the girls enrolled in our college to develop as a holistic personality.

The Women Empowerment Process

1. Education and Skill Development

The institution provides quality education to the students through innovative teaching methodologies. Project Based Learning, Experiential Learning through paper presentation, project work, Wall Magazine, ITC Enabled Teaching Learning facilities like WiFi campus, subscription to e-journal, audio visual power point, Participative Learning through 'Discussion Session' and Management forum activities, Experiential Learning through Industrial Visits, Field Visits, Seminars, Conferences and Workshops organised and Internships.

The skill quotient of the students is enhanced by various Skill development programs such as:

1. Subject related certificate courses such as Advance Excel, Basic Excel, Data Analysis using software like SPSS, R and Python, GST, A to Z of Stock Market, Tally, Financial Modelling which help students to develop relevant subject specific skills required.

2. Quantitative Aptitude and Pre-Placement Training which help students to crack interview

3. Life Skills, Communicative Skills and Leadership Program would help students to learn how to work in a team, team building

4. Vocational courses on silk thread.Terracotta jewellery making, Taboo designing, Saree tassle, Chocolate making workshop Quilling and Pot- painting.

2. Financial Support

The institution provides Financial Support to candidates from economically not so well families and Scholarship for the students from economically meritorious students to encourage them to perform better.

#### 3. Legal Awareness

The college conducts various legal awareness programs like women rights, child marriage and changes in divorce laws, women trafficking, violence against girl child, sexual harassment, property rights of women, Hindu Marriage Act, Provisions of Dowry Act.

### 4. Physical Health and Hygiene

The yoga classes are conducted which helps students to calm the mind, managing emotions so that they feel more relaxed. The awareness programs on Personal Hygiene, cervical cancer, healthy life style, Anemia are conducted. The college also conducts medical check-up every year which helps students to know about their physical status life.

### 5. Emotion Management Skills

The College has a mentoring system where students are mentored on academic and other matters. Personal counselling is also offered to students who are in need of. Apart from this college also conducts programs like maintaining mental wellness, overcoming depressive thoughts, suicide prevention awareness programs. The sessions on work life balance are also organized which helps our girls when they start working. The Value classes are conducted for the students by the teacher The value lecture sessions and value based workshops are also conducted. This has helped girls educated from our college to gain confidence among them and adhere to values even during the time of an ethical dilemma.

### 6. Economic Independence

The students are helped to become economically independent during the course of the study. Through the Entrepreneurship Development Cell the students are provide opportunity to set – up food stalls, fashion accessories, cloths, during festival sessions pooja items stalls, mehendi stalls.